

## Scheme of Examination of Master of Physical Education M.P.E. 2014-15

The Syllabus will be applicable w.e.f. the session 2014-15 for M.P.E. Semester 1<sup>st</sup> & 2<sup>nd</sup> and session 2015-16 for M.P.E Semester 3<sup>rd</sup> & 4<sup>th</sup>

### M.P.E. (P) (1<sup>st</sup> Semester) 2014-15

PAPER	Nomenclature of paper	Marks Theory		Pract. Exams	Total marks
		External	Internal		
MPE - 101	History and Principal of Physical Education	80	20	Nil	100
MPE - 102	Kinesiology	80	20	Nil	100
MPE -103	Anatomy & Physiology	80	20	Nil	100
MPE - 104	Educational Technology & Pedagogic Techniques in Physical Education	80	20	Nil	100
MPE -105	Techniques of officiating and Coaching-I	80	20	Nil	100
MPE - 106	Optional: Anyone of the following:- a) Health Education (Theory) b) Yoga (Theory)	50	10	40	100
MPE - 107	Teaching lesson - Games	-----	-----	50	50
MPE -108	Teaching Lesson- Athletics	-----	-----	50	50
	<b>Total</b>	<b>450</b>	<b>110</b>	<b>140</b>	<b>700</b>

#### Activities to be taken up during 1<sup>st</sup> Semester

- A Games: - Basketball, Kho-Kho, Hockey, Handball & Badminton  
 B Athletics: - Sprints, Long Jump, Pole-vault, Hurdles, Javelin & Discus-throw.

**Note: -**

The practical classes shall be held as per the scheme of each semester. But practical examinations every semester shall be conducted by external & internal examiners at the end of each semester. However, separate examination for each semester will be conducted as per syllabus of each semester

### M.P.E. (P) (2<sup>nd</sup> Semester) 2014-15

PAPER	Nomenclature of paper	Marks Theory		Pract. Exams	Total marks
		External	Internal		
MPE -201	History and Principal of Physical Education	80	20	Nil	100
MPE -202	Bio-Mechanics in Phy. Edu.	80	20	Nil	100
MPE -203	Anatomy & Physiology-II	80	20	Nil	100
MPE -204	Sports Management	80	20	Nil	100
MPE -205	Techniques of Officiating & Coaching-II	80	20	Nil	100
MPE -206	Teaching Lesson - Game	-----	-----	100	100
MPE -207	Teaching Lesson – Athletics	-----	-----	100	100
	<b>Total</b>	<b>400</b>	<b>100</b>	<b>200</b>	<b>700</b>

### Activities to be taken up during 2<sup>nd</sup> Semester

- A Games:- Volleyball, Kabaddi, Football. Cricket & Wrestling
- B Athletics:- Middle/Long Distance Race, High Jump, Triple -Jump, Relay Race,  
and Hammer –throw, Shot Put

Distribution of marks for Practicals to be conducted by the External & Internal Examiners

#### Semester 2<sup>nd</sup> (Teaching Lessons) 100 marks

- Teaching Lesson in Game/Athletics (Demonstration, Presentation, Fault Correction & Use of Teaching Aids) 40 marks
- Viva (Marking, Rules and Regulations and Officiating) 40 marks
- Final Lesson Plan 10 marks
- Note-book of Lesson Plan 10 marks

#### Note: -

The practical classes shall be held as per the scheme of each semester. But Practical examinations every semester shall be conducted by external & internal examiners at the end of each semester. However, separate examination for each semester will be conducted as per syllabus of each semester

### . M.P.E. (F) (3<sup>rd</sup> Semester)

2015-16

PAPER	Nomenclature of paper	Marks Theory		Pract. Exams	Total marks
		External	Internal		
MPE -301	Sports Psychology	80	20	Nil	100
MPE -302	Statistical Techniques in Physical Education	80	20	Nil	100
MPE -303	Research Methodology in Physical Education-I	80	20	Nil	100
MPE -304	Sports Medicine	80	20	Nil	100
MPE -305	Science of Coaching Athletics	80	20	Nil	100
MPE -306	Science of Coaching Games	80	20	Nil	100
MPE -307	Coaching Lesson – Games			50	50
MPE -308	Coaching Lesson – Athletics			50	50
	<b>Total</b>	<b>480</b>	<b>120</b>	<b>100</b>	<b>700</b>

#### **Activities to be taken up during 3<sup>rd</sup> & 4<sup>th</sup> Semesters**

The students will choose any one game as their specialization out of HOCKEY, BOXING, WRESTLING, HANDBALL, BASKETBALL, VOLLEYBALL, BADMINTON, KABADDI, KHO-KHO and FOOTBALL. Minimum 05 students must opt for a Game to run

the option. Athletics will be compulsory for all students.

In case of M.P.E. 3<sup>rd</sup> & 4<sup>th</sup> Semesters for specialized games and athletics, the Coaching Skills will be divided by the teacher concerned and the same will be informed to the Department and the students. The students will be evaluated at the end of 4<sup>th</sup> semester accordingly.

**Note: -**

The practical classes shall be held as per the scheme of each semester. But Practical examinations every semester shall be conducted by external & internal examiners at the end of each semester. However, separate examination for each semester will be conducted as per syllabus of each semester

**M.P.E. (F) (4<sup>th</sup> Semester)**

2015-16

PAPER	Nomenclature of paper	Marks Theory		Pract. Exams	Total marks
		External	Internal		
MPE – 401	Scientific Principles of Sports Training	80	20	Nil	100
MPE – 402	Measurement & Evaluation in Phy. Education	80	20	Nil	100
MPE – 403	Research Methodology in Phy. Education-II	80	20	Nil	100
MPE -404	Supervision in Physical Education	80	20	Nil	100
MPE – 405	Optional Anyone of the following : a) Sports Sociology b) Sports Psychology c) Introduction to Computer Application d) Dissertation	80	20	Nil	100
MPE -406	Coaching lesson -Games	-----	-----	50	50
MPE -407	Coaching Lesson-Athletics	-----	-----	50	50
	<b>Total</b>	<b>400</b>	<b>100</b>	<b>100</b>	<b>700</b>

**Note:** - The workload of the teacher supervising dissertation will be equal to any other optional paper given in paper XXIV above. To start the optional paper, minimum five students must opt for an optional paper.

Distribution of marks for Practical's to be conducted by the External & Internal Examiners

**Semester 4th (Coaching Lessons) 100 marks**

- (a) Coaching Lesson in Game/Athletics (Fault detection, Removal of Fault, Corrective Exercise, Teaching Aids for Corrective Exercise) 40 marks
- (b) Viva (Marking, Rules and Regulations and Officiating) 40 marks
- (c) Final Lesson Plan 10 marks
- (d) Note-book of Lesson Plan 10 marks

**Note:-**

The practical classes shall be held as per the scheme of each semester. But, final practical examination shall be conducted by external & internal examiners at the end of semester. However, separate examination for each semester will be conducted as per syllabus of each semester.

Notes:-

1. Each candidate will be evaluated in one Skill given under various heads i.e.

Games &

Athletics in each semester.

2. The Draw of skill will be drawn **seven days** before the practical examination.

3. Since this is a professional course aimed at improving the standards of games and

sports, therefore, special attention be given to practical aspect covering various areas.

For this, 10 hours per week must be devoted to the practical lessons of /coaching, out of which two hours will be for teaching/coaching lessons under the supervision of the concerned teacher. To fulfill this aim, the students shall

be required to prepare & take one supervisory teaching/coaching lesson in each of the

activities given under Games & Athletics.

4. The Chairperson/HOD will certify on the student's note-book that all requirements pertaining to teaching/coaching practice have been fulfilled by the student. The same

has to be verified by the teacher concerned before it is submitted to the Chairperson/HOD.

5. The student is free to choose any one of the events for the examination lesson i.e Pole-vault, Hammer Throw, Hurdles and triple jump, as these involve difficult skills to demonstrate and teach.

6. Duration of Practical examination will be 3 hours per group followed by Viva-voce.

7. Final lesson for practical examination will be prepared on a separate chart.

8. For M.P.E. Semester 3<sup>rd</sup> & 4<sup>th</sup> the students will prepare five coaching lessons in their

specialized game and Athletics of different Games/Athletic skills in each semester.

9. Each & every student will take part in the intra-mural activities and have the following dress-code for practicals/Intra murals. The colour for different courses will

be different:

a) For Theory classes:- Trouser & Shirt (Summer Season),

Trouser, Shirt, Tie & Blazer (Winter-season)

b) For Practical classes:- T-Shirt & shorts/lowers (Summer Season)

T-Shirt with track-suits (Winter Season)

10. All practical external examiners for the examinations to be conducted will be appointed by the University out of the panel recommended by the PGBOS.

However,

internal examiners for these practicals will be appointed by the Chairperson PGBOS.